

INTERNATIONAL PRE-ARRIVAL CHECKLIST

eou.edu/intprog/pre-arrival



PRIOR TO TRAVEL

Essential documents to have at all times during travel:

- Valid passport** (must be valid 6 months beyond date of entry into U.S.)
- Valid F-1 VISA**
- Form I-20**, issued by EOU and proves your eligibility for F-1 status
- Form I-94**, for more information visit the i94.cbp.dhs.gov
- Copy of your **SEVIS I-901** payment receipt (for more information go to ice.gov/sevis/i901)
- Travelers checks, travel itinerary, emergency contacts

EOU EMAIL

IT Help Desk | 541.962.3111 | helpdesk@eou.edu

Email is our main way of communicating with you about deadlines!

- Check your email used when applying to EOU for a message from IT regarding your **Mountie Pass** username and default password.
- Go to my.eou.edu and look for directions on how to access your EOU email.
- Email travel information to the International Student Advisor.
- Complete **Arrival Notification Form** found here eou.edu/intprog/pre-arrival.

COMPLETE CAMPUS HOUSING APPLICATION

Residence Life Office | 541.962.3553 | reslife@eou.edu

All undergraduate international students are required to live on campus their first year.

- Register for housing using your **Mountie Pass** (created when you logged into your EOU email for the first time).
 - Go to my.eou.edu
 - Select **Webster** button
 - Select the **Student Financial Aid** tab
 - Select **Residence Life** link
 - Submit your housing deposit
 - Follow the instructions and click **My Housing** to complete your application.
- International Students are permitted to move into the residence halls Friday or Saturday prior to International Student Orientation beginning on Sunday at dinner. **Students are charged a nightly rate for each night prior to the official move in day during Week of Welcome.** Check with reslife@eou.edu to learn more.

SUBMIT HEALTH HISTORY AND IMMUNIZATION DOCUMENTATION

Student Health Center | 541.962.3524 | shc@eou.edu

- ❑ Complete your **Health History** and **MMR Immunization** forms found at **eou.edu/admissions/forms**.
- ❑ Scan and submit both forms to the **shc@eou.edu**.

SET UP REVOLVING CHARGE CONTRACT

Student Accounts | 541.962.3590 | cashier@eou.edu

- ❑ Go to **my.eou.edu** using your Mountie Pass.
 - Go to your **Webster** account
 - Select the **Student and Financial Aid** tab
 - Select **Student Account**
 - Select **Start a Revolving Charge Contract**
 - Complete the form and select submit (accept the **Terms and Conditions**).

You are not billed for tuition and fees until after you arrive on campus and register for classes during International Student Orientation.

PLAN FOR MANDATORY INTERNATIONAL STUDENT ORIENTATION (ISO)

International Student Services | 541.962.3406 | international@eou.edu

- ❑ Visit the **eou.edu/intprog/orientation** and **eou.edu/wow** to learn about **International Student Orientation** and **Week of Welcome** so you can plan travel accordingly.
- ❑ Prior to arrival, you will receive emails from EOU with instructions on the items you need to take care before coming to La Grande.

PACK YOUR BAGS!

La Grande is located approximately four hours from Portland, Oregon, five hours from Seattle, Washington, and three hours from Boise, Idaho. Many students fly into Portland (**flypdx.com/PDX**), Boise (**iflyboise.com**) or Seattle (**portseattle.org/Sea-Tac/Pages/default.aspx**), and then take another plane to the regional airport in Pendleton, Oregon. It is approximately one hour away from La Grande. Boutique Air services the Pendleton Airport (**boutiqueair.com**).

Another option is to take the Greyhound bus to La Grande (**greyhound.com**). The International Student Advisor can meet you at the bus station in La Grande and drive you to campus or you can take the Shuttle to campus. *Please note that the bus ride is long with many stops.*

- ❑ If you need picked up at the La Grande Greyhound Bus Station or airport, complete the Arrival Notification Form (**eou.edu/intprog/pre-arrival**) prior to arriving. *Students are charged an airport pick up fee.*
- ❑ Please email your travel itinerary, including your flight and bus information, to **international@eou.edu** as soon as your arrangements are made.