EASTERN OREGON UNIVERSITY

Fast Track Transfer



Health & Human Performance

Transfer CWI credits to an on-campus or online *Health & Human Performance Bachelor of Science* at EOU. *CWI transfer students with an AA or AS degree and a 2.25 GPA are automatically admitted to EOU.* Adhere to program advising and current EOU Catalog to graduate in as little as 2 years!



College of Western Idaho Requirements:

- Complete an AA or AS Degree
- Build these courses into your degree plan at CWI:

BIOL 227 Human Anat & Phys 1 BIOL 228 Human Anat & Phys 2 BIOL 227L Human Anat & Phys Lab I BIOL 228L Human Anat & Phys Lab I

EXHS 201 Foundations of Physical Activity

Optional courses at CWI that apply to select HHP concentrations:
 HLTH 220 Fund of Nutrition
 EXHS 155 Health& Wellness

EXHA 104 Stay Active HLTH 210 Hum Sexuality/PSYC 201 Child/Adol Dev



Eastern Oregon University Requirements:

- 180 quarter credit minimum to complete a bachelor's degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Health & Human Performance core courses:

PES 270 Hist/Phil/Ethics of Sport

EXS 312 Measurement & Evaluation

EXS 323 Exercise Physiology & Lab

PES 495 Capstone Seminar

PES 496 Capstone Course

Complete 30-40 quarter credits from one of these selected concentrations:
 Community Health, Exercise Science or Physical Education & Sport, Outdoor Recreation Programming

For individual concentration courses at eou.edu/academics

Interested in a Bachelor of Arts? Ask your advisor about foreign language requirements.

For More Info @ EOU

Online Program:

Priscilla Valero EOU Ontario 541.889.7468 valerop@eou.edu

On Campus Program:

Kelly McNeil Faculty Advisor 541.962.3413 krice@eou.edu

\$\$ Transfer Scholarship \$\$

\$500 - \$2000 awards*
2.5 min. GPA w/30+ quarter credits
Year-round, renewable, simple!

Add'l \$500 w/Associate Degree!

*EFC/GPA matrix

Dependent on fund availability



Health Education, Public Health, Corporate Wellness, Coaching, Clinical Exercise, Personal Trainer, Inclusive Fitness,

Pre-Professional School Preparation

Check the current EOU Catalog for more information on all degree programs: eou.edu/catalog